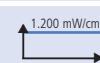
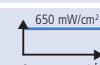


Curing time guide



Light intensity	1.200 mW/cm ² ± 10%	2.000 - 2.200 mW/cm ² LED Class 2
Exposure time for composites	15 sec.	10 sec.
Exposure time for Tetric EvoCeram/ IPS Empress Direct	10 sec.	5 sec.
Filling materials		
Composite		
Tetric EvoCeram / Tetric EvoFlow	—	5 sec.
IPS Empress Direct	—	2x 5 sec.
4 Seasons	—	2x 5 sec.
Tetric	—	per mm ceramic: 2x 5 sec. per segment 2x 5 sec. per segment
Heliomolar / Heliomolar HB / Heliomolar Flow	—	
Others ¹⁾	—	
Compomer ²⁾		
Campoglass F / Compoglass Flow	—	
Indirect restorations / Luting material		
VarioLink II Base ³⁾ , VarioLink Veneer	—	
VarioLink Ultra ⁴⁾	—	
Dual Cement ⁴⁾ / VarioLink II ⁴⁾	—	
Miscellaneous		
Heliosit Orthodontic	—	2x 5 sec.
Filling materials		
Composite		
Tetric EvoCeram / Tetric EvoFlow	10 sec.	10 sec.
IPS Empress Direct	15 sec.	15 sec.
4 Seasons	—	
Tetric	—	
Heliomolar / Heliomolar HB / Heliomolar Flow	—	
Others ¹⁾	—	
Compomer ²⁾		
Campoglass F / Compoglass Flow	20 sec.	20 sec.
Indirect restorations / Luting material		
VarioLink II Base ³⁾ , VarioLink Veneer	per mm ceramic: 10 sec. per segment	per mm ceramic: 10 sec. per segment
VarioLink Ultra ⁴⁾	per mm ceramic: 10 sec. per segment	per mm ceramic: 10 sec. per segment
Dual Cement ⁴⁾ / VarioLink II ⁴⁾	—	
Miscellaneous		
Helioseal / Helioseal F / Helioseal Clear	10 sec.	10 sec.
Monopaque	20 sec.	20 sec.
Multicore Flow / Multicore HB	20 sec.	20 sec.
Heliosit Orthodontic	10 sec.	10 sec.
Adhesive		
AdheSE / AdheSE One F	10 sec.	10 sec.
Excite / Excite DSC	—	
Heliobond (Syntac)	—	
Temporary materials		
Systemp.link	10 sec.	10 sec.
Systemp.inlay/onlay	10 sec.	10 sec.
Ferrit / Ferrit N	10 sec.	10 sec.
Miscellaneous		
Heliosit Orthodontic	20 sec.	20 sec.
Filling materials		
Composite		
Tetric EvoCeram / Tetric EvoFlow	15 sec.	15 sec.
IPS Empress Direct	20 sec.	20 sec.
4 Seasons	—	
Tetric	—	
Heliomolar / Heliomolar HB / Heliomolar Flow	—	
Others ¹⁾	—	
Compomer ²⁾		
Campoglass F / Compoglass Flow	20 sec.	20 sec.

1) Applies to a maximum layer thickness of 2 mm and provided that the Instructions for Use of the respective material do not state any other recommendation (might be the case with dentin shades)
2) Applies to a maximum layer thickness of 3 mm 3) Applies to light-curing (exclusive use of base paste) 4) Applies to dual-curing